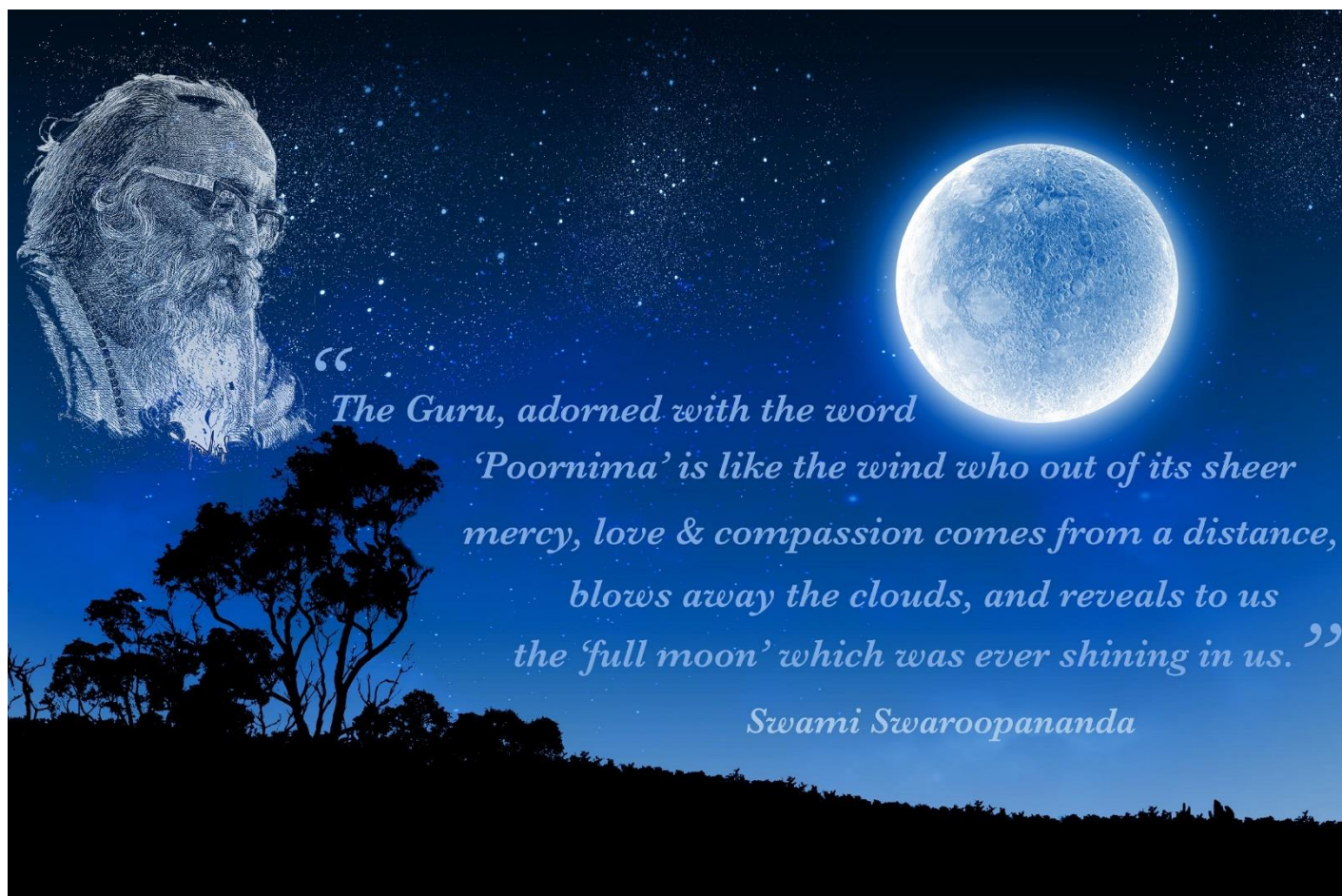


# Chinmaya Smrithi



A Bi-Monthly News Magazine of the Chinmaya Mission Washington Regional Center (CMWRC)

Volume 27, Number 4, July 2017



“  
*The Guru, adorned with the word  
'Poornima' is like the wind who out of its sheer  
mercy, love & compassion comes from a distance,  
blows away the clouds, and reveals to us  
the 'full moon' which was ever shining in us.*”

*Swami Swaroopananda*

Poojya Mukhya Swami Swaroopandananda's Guru Poornima message

## Calendar and Upcoming Events

### Upcoming Events

- July 31<sup>st</sup> – Aug 18<sup>th</sup> – Summer camp at Chinmaya Somnath
- July 31<sup>st</sup> – Aug 11<sup>th</sup> – Summer Camp at Frederick
- July 29<sup>th</sup> – Aug 3<sup>rd</sup> – Chinmaya Mahasamadhi Camp, Chicago, IL – Isavasya Upanishad and Bhagavad Gita
- July 31<sup>st</sup> – Aug 11<sup>th</sup> – Chinmaya Naada Bindu Music Camp, Chinmayam, Silver Spring, MD.
- August 20<sup>th</sup> – Music program at Chinmaya Somnath, VA
- Oct 6<sup>th</sup> – 8<sup>th</sup> – Divya Shakti Retreat for Women, Chinmaya Mission Atlanta

### Study Groups

- Please contact Sri Kishore Bala ji by email at [kishorebk@hotmail.com](mailto:kishorebk@hotmail.com), if you are interested in forming or learning more about study groups.

### Bookstore/Library

- Browse Books, CDs, DVDs, etc. online at [www.chinmayapublications.com](http://www.chinmayapublications.com). Contact Sevak to order (Vijay Singh at Chinmayam, Subbarao Kari at Chinmaya Somnath and Bijay Dash at Frederick)

### Next Edition of Chinmaya Smrithi

- Articles for the next regular bi-monthly edition – September 2017, are due by August 31, 2017
- Email submissions to [smrithi-editor@chinmayadc.org](mailto:smrithi-editor@chinmayadc.org).
- Browse Past editions at [www.chinmayadc.org/Smrithi/Smrithi.htm](http://www.chinmayadc.org/Smrithi/Smrithi.htm)

### Useful Links:

Central Chinmaya Mission Trust [www.chinmayamission.com](http://www.chinmayamission.com)  
Chinmaya Mission West [www.chinmayamission.org](http://www.chinmayamission.org)  
Chinmaya International Foundation, E-Vedanta Courses [www.chinfo.org](http://www.chinfo.org)  
Chinmayam Chapter – Silver Spring MD website <http://chinmayam.chinmayadc.org/chinmayam-chapter/>  
Chinmaya Somnath Chapter – Chantilly VA website [www.chinmayasomnath.org](http://www.chinmayasomnath.org)  
Chinmaya Frederick Chapter – Urbana MD website <http://www.frederick.cmwrc.org/>  
Chinmaya Richmond Chapter – Richmond VA website [www.chinmayarichmond.org](http://www.chinmayarichmond.org)  
CMWRC – Washington Regional Center [www.chinmayadc.org](http://www.chinmayadc.org)

### Please Note

***The opinions expressed here are those of the authors and do not necessarily represent the official views of Chinmaya Mission or CMWRC***

### Editorial Staff: ([smrithi-editor@chinmayadc.org](mailto:smrithi-editor@chinmayadc.org))

*Advisers: Sri Raju Chidambaram, Acharya Vilasiniji, Pujya Swami Dheeranandaji.*

*Sitaram Kowtha, Kodanate Lakshmanan,*

*BV students – Nishant Carr, Siri Neerchal, Ananya Krishnan, Usha Konduri, Thara Konduri, Dakshesh Nimishe, Varsha Krishnan, Himavarsha Yerraguntla, Vishnu Lakshmanan, Bhavya Devarsu and Bhuvan Devarsu*

*Please contact us if you are interested in joining the editorial staff!*

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## News & Tidbits

### Summer Camp, Chinmayam MD

The four week summer camp was held at Chinmayam, Silver Spring, MD for four weeks from June 26<sup>th</sup> through July 21<sup>st</sup>. It concluded with a grand finale on July 21<sup>st</sup>. The theme this year was “Swami Vivekananda – Arise Awake !!” and was conducted by Swami Dheeranadaji along with other Acharyas.

### Gayathri Mantra Family Retreat

Mukhya Swami Swaroopanandaji conducted this two day camp on July 22-23 at Chinmaya Somnath, VA. Spread over six sessions interspersed with workshops, Swamiji gave a lucid explanation about the significance of the famous Gayathri Mantra and the importance of chanting it regularly. The retreat was attended by over 500 registered participants of all ages. The participants also enjoyed a rousing performance of “Chinmayananda, A Musical” put together by CMWRC members (coordinated by Acharya Priyaji). It was a glorious musical tribute dedicated to Poojya Gurudev on the occasion of Gurudev’s centenary year celebrations.

### Geeta Jnana Yagna, Chapter 4

Mukhya Swami Swaroopanandaji also conducted a four day Geeta Jnana Yagna on Chapter 4 from July 24<sup>th</sup> to July 27<sup>th</sup> at Chinmaya Somnath, VA. He explained the concept of divine “Avatar” as well as the secret of performing action in the attitude of duty dropping ego-centric desires and surrendering the fruits of action to the Lord. By understanding this secret and applying it in their life, a Sadhaka can make steady progress in their spiritual Sadhana.

### JCHYK Youth Retreat

Coordinated by various Acharyas under the able guidance of Acharya Vivekji, the JCHYK retreat was held simultaneously at Virginia from July 24<sup>th</sup> to July 28<sup>th</sup>. Based on the theme of “Greater Confidence in One’s Self and One’s Faith”, it provided the youth with an

opportunity for a week of dynamism, personal growth and community awareness.

### CHYK Young Adult Retreat

Acharya Vivekji conducted this CHYK retreat also at Virginia and the CHYK members were also able to participate in sessions of the Gayathri Mantra Retreat. This young adult retreat from July 21<sup>st</sup> to July 23<sup>rd</sup> based on the theme of finding “Peace in a Restless World” taught the young adults valuable life lessons on how to develop a calm objective attitude towards an ever-changing world.



## SUMMER CAMP

This year's theme:

**SWAMI VIVEKANANDA  
ARISE! AWAKE!**

Conducted by  
Swami Dheerananda ji

with Acharyas

For rising 1st to 8th graders  
as of September 1st, 2017



Registration will open sometime  
between mid Jan to mid Feb, 2017

Check website for information

<http://cmwrc.chinmayadc.org/summercamp>

Chinmayam, Silver  
Spring MD

**June 26<sup>th</sup> – July 21<sup>st</sup>,  
2017**

~ \* ~

Chinmaya Frederick,  
MD

**July 31<sup>st</sup> – August 11<sup>th</sup>,  
2017**

~ \* ~

Chinmaya Somnath,  
Chantilly, VA

**July 31<sup>st</sup> – August 18<sup>th</sup>,  
2017**





## Attend Chinmaya Aradhana Family Camp at Chicago

Website Link: <http://www.mychinmaya.org/msc/index.php?id=home>

### Inspirational Satsangs with Acharyas



*Association with sages leads one to liberation. Such association should therefore be cherished. Along with the practice of self enquiry, such association is more potent than any other spiritual discipline. – Bhagwan Ramana Maharishi*

At this camp you will find an inspiring array of spiritual teachers who are easily approachable and very welcoming to anyone who comes to them for spiritual guidance or even just a friendly chat. Each Acharya is unique and every one of them is deeply knowledgeable and extremely endearing. On each day of the camp there will be small group sessions with several different Acharyas on various topics such as parenting, householder life, managing stress, managing wealth, etc. This would be an ideal forum to get all those questions in your mind clarified and listen to their valuable views and advice in a personalized setting.

#### Swami Shantananda (Princeton , NJ)



Swami Shantananda is the Acharya of Chinmaya Mission New Jersey, and senior-most Acharya in the United States. His talks are infused with humor and wonderful insights into life and people. Swamiji will be conducting Guided Meditation from verses of Nirvanashatkam. He will also be conducting other special workshops (Adult Study Groups, Balavihar Teachers Training, Graceful Aging for Seniors and Devi Group)

#### Swami Ishwarananda (Los Angeles, CA)



Swami Ishwarananda is the resident Acharya of Chinmaya Mission Los Angeles. He is known for his dynamic speaking style and immense depth of knowledge.

#### Swami Sharanananda (Chicago, IL)



Swami Sharanananda is the resident Acharya of Chinmaya Mission Chicago. His joyful exuberance and enthusiasm is contagious and uplifting to all that come in contact with him. He will be conducting Yoga and youth camp.



*Vedanta Vaakyesu Sadaa Ramantah*



Vedanta is the means to the Infinite.  
Vedanta is the knowledge of the Infinite.  
Vedanta is the revelation of the Realised  
Masters who revel in the Infinite.  
Vedanta is therefore the 'Highest Seeking',  
the 'Greatest vocation' and  
the 'Ultimate goal' of human life.



*Welcome to Chinmaya Gardens.*

*The Salient Features*

- ★ Experience the joy of Gurukula living
- ★ Learn the Highest in Vedanta / Jnana Yoga / Karma Yoga and Ashtanga Yoga.
- ★ Learn to be firmly grounded in spiritual practices (sadhanas) like Meditation, Japa, Puja, Homa .
- ★ Celebrate auspicious occasions like Sivaratri.
- ★ Bond with the Global Chinmaya Mission through the various activities and learn how to be a sevak/sevika of Vedanta Classes.

**Accommodation:**

1. Comfortable sharing rooms with attached bathrooms.
2. Dormitory with common bathrooms.

**Food:** Sattvik North Indian and South Indian Vegetarian food will be served.

**Course Donation:** (Includes Accommodation & Food. Does not include course material)

	Room	Dormitory
Per-person	₹. 9000/-	₹. 5000/-
Below 40 yrs.	₹. 8000/-	₹. 4000/-
Below 25 yrs.	₹. 5000/-	₹. 2500/-
Above 65 yrs.	₹. 10,000/-	
₹. 16,000/- per person for Air-conditioned Accommodation		

For registration and further enquiries contact

Course Coordinator  
Administrator, Chinmaya Gardens  
Nallur Vayal Post, Coimbatore - 641 114.  
Tel/Fax : 0422-2615637/2613493.  
Email : chinmayagarden@gmail.com.  
Mobile : 09360461566  
Register online at [www.chinmayagardens.com](http://www.chinmayagardens.com)

rainbow (0422) 2548873

*We invite you to join*

**The 4th Four- Week Residential Course  
on**

**"Vedanta Darshan"**  
(Advance Course in Vedanta)

*In  
English*



at  
**Chinmaya Gardens,  
Coimbatore**

From  
**30<sup>th</sup> Jan to 26<sup>th</sup> Feb 2018**

Truth is One Without a Second

Truth is One Without a Second

Truth is One Without a Second

*The Founder and the Mission*

**Pujya Gurudev Swami Chinmayanandaji** is one of the greatest saints and visionaries of our times. The Chinmaya Mission has over 300 centres worldwide and has been rendering yeomen service in the spiritual, cultural, educational and social fields thereby transforming the lives of millions. Under the guidance of Pujya Guruji Swami Tejomayanandaji, a strong band of Acharyas and devotees was formed and are carrying out the multifaceted activities and projects of the mission.

*Chinmaya Vedanta Darshan Course*

It is a short term advanced Vedanta Course aimed at deeper reflection and establishing oneself in the essence of Vedanta. The participants will live a life of seekers under the guidance of the Acharya. The course is designed to enable the students to purify and clarify their mind and intellect with the spiritual practices and knowledge so as to facilitate spiritual blossoming.

On completion of the course the students will be able to independently reflect and contribute to the society by propagating the knowledge of Vedanta. This unique course gives an opportunity to become 'dedicated seekers of the Truth'. Each student will be awarded a Certificate.

*The Temple of Learning*

The venue of the 'Chinmaya Vedanta Darshan Course' is **Chinmaya Gardens**, which is nestled at the foothills of the verdant Nilgiri ranges. The ashram is about 30kms away from the hustle and bustle of Coimbatore. The ashram is beautiful, serene and spiritually elevating.

*Course Students*

Candidates must have knowledge of the fundamentals of Vedanta, or must have undergone the Dharma Sevak Course, or be Sevaks / Sevikas of Study class. They must have a strong desire to gain deeper knowledge of Vedanta. They must be below 65 years of age and of sound health (exceptions only on special permission). They must have sufficient grasp of English.

Knowledge of Sanskrit not a must.

*Course Text*

Brihadaranyaka Upanishad, Kaivalya Upanishad and other Compositions

*Highlight of the Course***10 Divine Days of learning from Pujya Guruji Swami Tejomayanandaji**

He is a teacher par excellence. Like Tirth Raaj Prayaag, he is the beautiful confluence of Karma (Action), Bhakti (Devotion) and Jnaana (Knowledge). He teaches as much from his presence as by his inimitable style of speaking. He travels all over the world spreading the teaching of Vedanta. He has authored many original works, initiated many new projects and started many new centers to further the Vision of Pujya Gurudev.

*Course Acharyas*

**Acharya : Swamini Vimalanandaji** is the Acharya-in-charge of Chinmaya Mission Coimbatore. She has travelled widely and has conducted many Yagnas and talks in English, Hindi and Gujarati and camps for children, youth and elders. She has authored many books and successfully conducted 15 Dharma Sevak Courses, 3 Vedanta Darshan Courses in Coimbatore and Meditation

Courses all over the world. With her deep knowledge of Vedanta and her simple style of talking she has captivated the intellectuals and the faithful alike.

*Assisted by*

**Upacharya : Bm. Darshika Chaitanya** is a noble and knowledgeable Acharya who completed her Vedanta Course from Sandeepany Sadhnalaya, Mumbai. She has served in Chinmaya Mission Thrissur and Calicut and is presently posted as Acharya at Trivandrum. She has been the Upacharya of previous Meditation Courses, Dharma Sevak Course, and Vedanta Darshan course and also conducts Yagnas and camps in various parts of the country.

**Application Form**

Fill up in BLOCK LETTERS

Name : \_\_\_\_\_

Age : \_\_\_\_\_

Male ☐ Female ☐

Profession : \_\_\_\_\_

Address : \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Phone : \_\_\_\_\_

Mobile : \_\_\_\_\_

E mail : \_\_\_\_\_

Cheque to be in favour of "Chinmaya Garden Trust" and to be sent to the given address

Cheque No. \_\_\_\_\_

dated \_\_\_\_\_ drawn on Bank \_\_\_\_\_

For direct credit to Chinmaya Garden Trust Account :

**From within India**

Credit to "Chinmaya Garden Trust"

Savings Ac. No. 001601005298, ICICI Bank,

Trichy Road Branch (IFSC Code ICI00000016), Coimbatore

**From outside India**

Swift Code : BARBINBB01,

Beneficiary "Chinmaya Garden Trust"

Saving Ac. No. 05470100008090

Bank of Baroda, Coimbatore Main Branch, Coimbatore, TN, India

Credit details : \_\_\_\_\_

\_\_\_\_\_

Rupees \_\_\_\_\_

\_\_\_\_\_

*I wish to join the Chinmaya Vedanta Darshan Course at Chinmaya Gardens, Coimbatore, abiding by the rules and regulations of the course laid down by the Chinmaya Mission*

Date :

Signature

Truth is One Without a Second

Truth is One Without a Second

Truth is One Without a Second



## CHINMAYA NAADA BINDU MUSIC CAMP

**Date:** July 31-Aug 4 & Aug 7-11

**Time:** 9 a.m -5 p.m

**Venue:** Chinmayam, Silver Spring



### CHINMAYA NAADA BINDU SUMMER MUSIC CAMP

July 31-Aug 4 & Aug 7-11

9am- 5pm

CHINMAYAM SILVER SPRING

46 NORWOOD ROAD

SILVER SPRING, MD 20905

Learn the basics of music, including Raags/Thaats. Join us for dynamic activities and games to help learn music! Questions? Email us at [performingarts@chinmayadc.org](mailto:performingarts@chinmayadc.org)

## Pure Emotions of Devotion

**Date:** August 20th, 2017

**Time:** 5-7 p.m

**Venue:** Chinmaya Somnath, 4350 Blue Spring Drive Chantilly, VA 20151

**By:** Hema and Ashit Desai

**RENOWNED SINGER , COMPOSER AND ARTISTIC DIRECTOR**

**Hema and Ashit Desai**

**PURE EMOTIONS OF  
DEVOTION**

**SUNDAY AUGUST 20, 2017  
5 - 7 PM**



Recipient of Best Singer's award from the Govt. of Gujarat for singing in the film "Samay ni Santakukdi".

**Tickets: \$10**

CHINMAYA SOMNATH  
4350 BLUE SPRING DRIVE  
CHANTILLY, VA 20151

**Hema and Ashit Desai are parents of  
Upanishad Ganga Music composer, Alap Desai**



Recipient of Asiad Jyoti award by the President of India for his musical contributions during the Asiad Games in 1982

## Divya Shakti Retreat for Women

**“Find Your Calling “**

**Date: October 6-8, 2017**

**Venue: 5511 Williams Road, Norcross, GA 30093.**

**By: Acharya Vivek ji And Acharya Vilasini ji**

**Hosted By: Chinmaya Mission Atlanta**



**Chinmaya Mission Atlanta**  
Hosts An Exclusive

**RETREAT FOR WOMEN (21+)**  
DIVYA SHAKTI: FINDING YOUR CALLING !!!

**GUIDED BY**

Acharya Vivek Acharya Vilasini

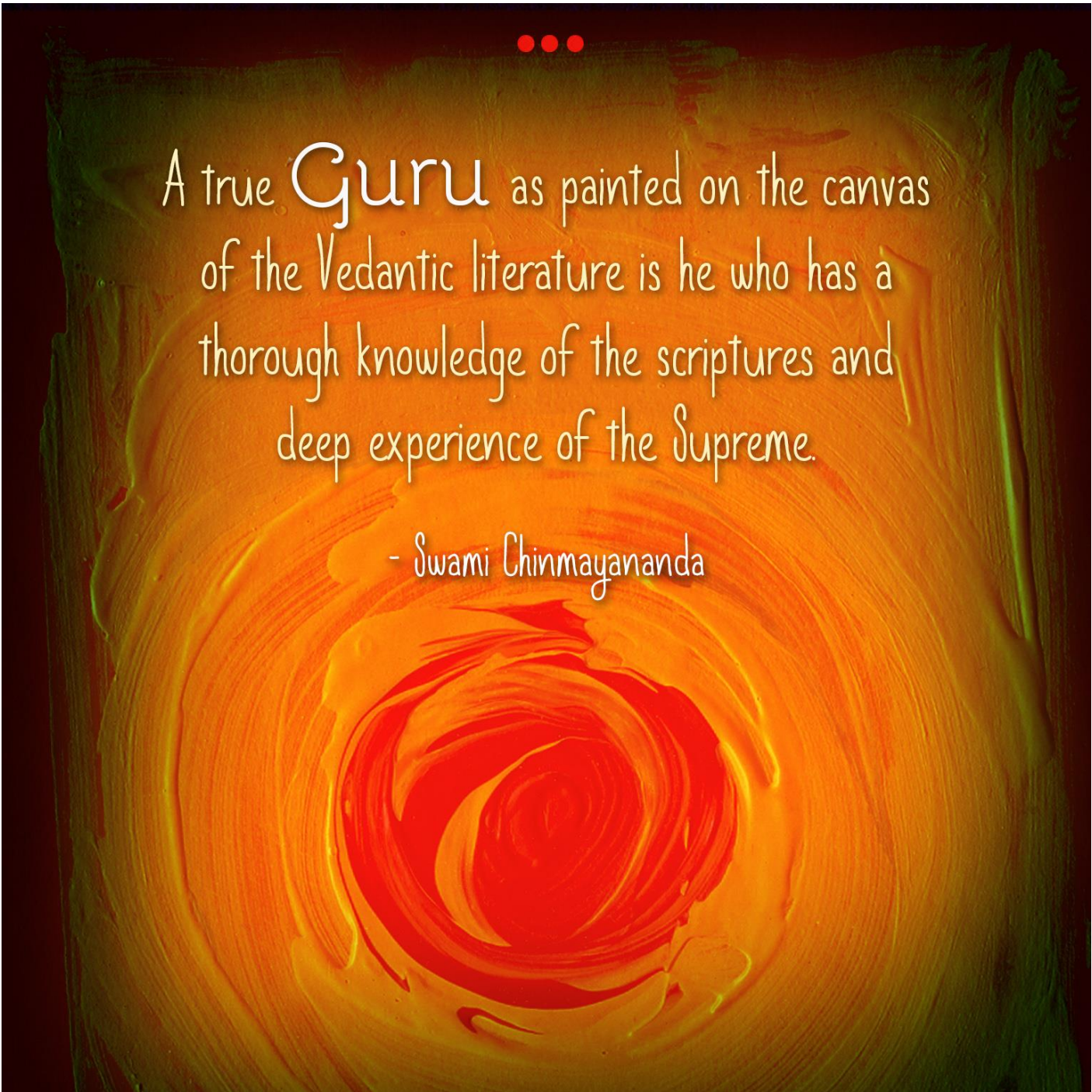
*Uniquely Inspiring and Holistic Weekend Filled With*

Inspiration Discourses Laughter Meditation Vibrancy Workshops

**October 6th - 8th, 2017**

For Registration And Information Site: <a href="http://www.chinmaya-atlanta.com/Divya">http://www.chinmaya-atlanta.com/Divya</a> Cost: \$150.00 (until 08/15/2017) \$175.00 (10/05/2017) Lodging Options Are Available At Registration Site	Venue Chinmaya Niketan 5511 Williams Road Norcross GA 30093	Contacts: Anu Nathan 770 401 9366 Meenal Vashishat 678 717 9814 Anu Swaminathan 678 641 1430 Acharya Geeta Raghu 478 213 6692
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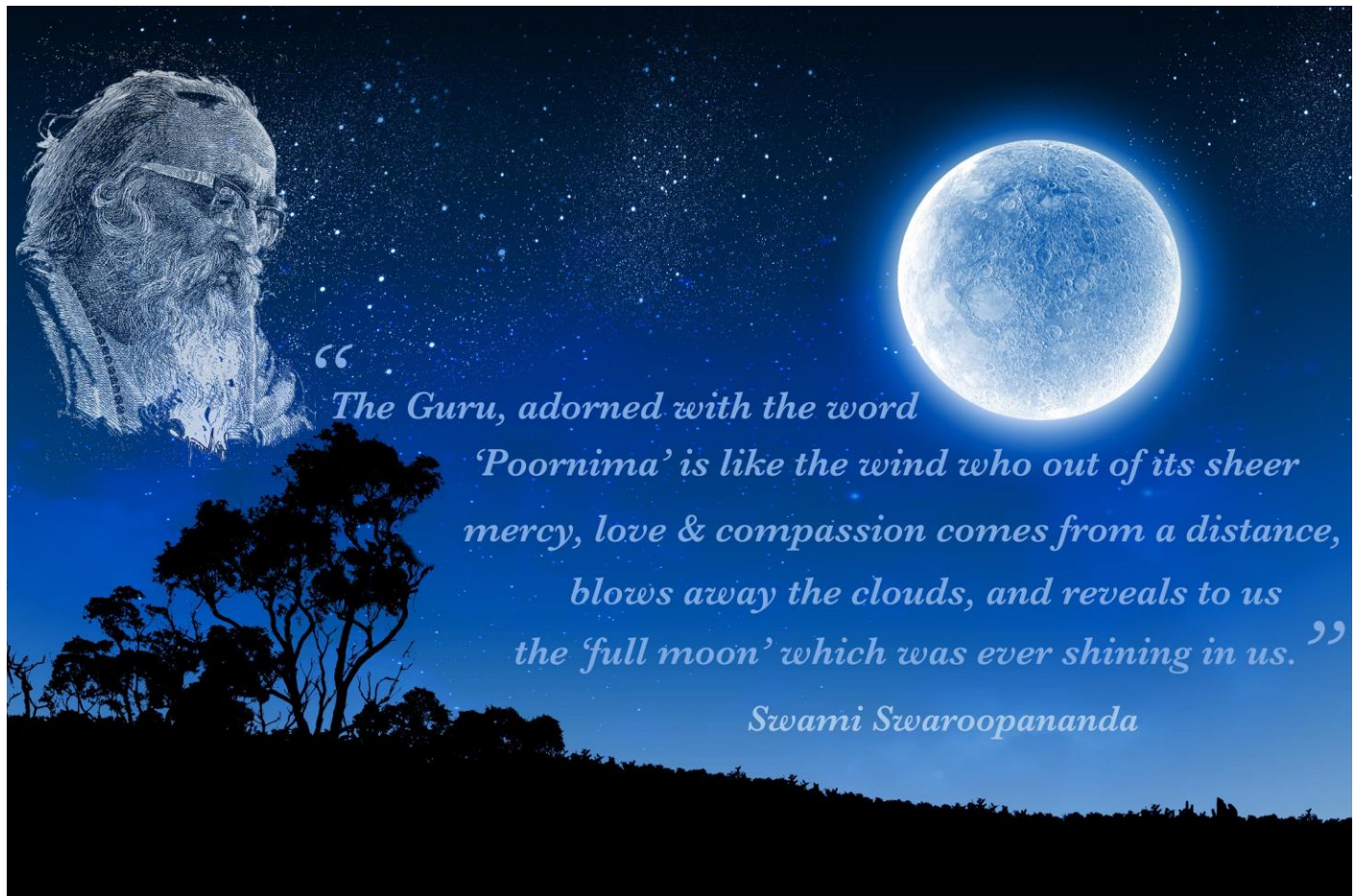
A true **Guru** as painted on the canvas  
of the Vedantic literature is he who has a  
thorough knowledge of the scriptures and  
deep experience of the Supreme.

- Swami Chinmayananda

**3. Gurur-Brahma Gurur-Vishnu Gurur-Devo Maheshwarah.  
Guru-sakshat Para-Brahma tasmai Shri Gurave Namah.**

**Gurur** - Guru; **Brahma** – Creator; **Gurur** - Guru; **Vishnu** – Sustainer; **Gurur** - Guru; **Devo** – the divine; **Maheshwarah** – the Destroyer; **Guru Sakshat** – the Guru is verily; **Para-Brahma** – the transcendental divinity (which is the very basis of all the three); **tasmai** – to that; **Shri** – glorious; **Gurave** – Guru; **Namah** – my salutations.





“  
The Guru, adorned with the word  
‘Poornima’ is like the wind who out of its sheer  
mercy, love & compassion comes from a distance,  
blows away the clouds, and reveals to us  
the ‘full moon’ which was ever shining in us.”

Swami Swaroopananda

## 5. Chinmayam Vyapi yat-sarvam trailokyam sacharacharam. Tatpadam darshitam yena tasmai Shri Gurave Namah.

**Chinmayam** – The self-effulgent divinity; **Vyapi** – pervades ; **yat** – that which; **sarvam** – everything; **trailokyam** – the three worlds; **sacharacharam** – inclusive of everything which is movable or immovable; **Tatpadam** – That state; **darshitam** – has shown; **yena** – by whom; **tasmai** – to that; **Shri** – glorious; **Gurave** – guru, teacher; **Namah** – my salutations.

My salutations to that glorious Guru, who revealed to me that self-effulgent divinity (the pure unconditioned consciousness) which pervades all the three worlds, with all its movable and immovable objects.



## Subscribe to Inspiring Chinmaya Mission Magazines

Mananam Series of Books These are inviting and engaging series of books that go into depth into one selected spiritual theme per edition (Truth, Compassion, Education, Fear- face it, Science of Sciences, and so on) and bring perspectives on it from different thinkers, writers and traditions of the world. The recent editions of Mananam have focused on the life, teachings, inspiration and legacy of Sri Gurudev, in honor of his birth centenary.

Subscription: please write to [editor@mananam.org](mailto:editor@mananam.org). Current and past editions can be purchased at our bookstores.)

Tapovan Prasad Subscription (print version or E-version). Tapovan Prasad brings out each month - excerpts from teachings of Swami Tapovan Maharaj, Sri Gurudev, Swami Chinmayananda, Guruji, Swami Tejomayananda and CM acharyas. In addition, it captures the pulse of Chinmaya Mission world-wide with reports on happenings and upcoming events.

Tapovan Prasad Subscription Instructions:

1. Please go to [www.tapovanprasad.com](http://www.tapovanprasad.com) website
2. Click on 'Subscribe-advertise-donate' and select 'Print version'
3. Subscription - Overseas'
4. Choose the required subscription package and then Click on 'Add to Cart' and then 'Go to checkout'
5. Please provide username, password, email...details, etc...and proceed.
6. When you click on Axis Bank / CCAvenue payment gateway, enter details and complete the process. (Do revert in case of any problem)

Please consider Other Chinmaya Magazines for your subscriptions:

- Bala Vihar magazine for children, parents and Bala Vihar teachers. subscription link: [http://www.chinmayamission.com/balvihar-subscription-overseas/#.WE\\_LYvkrJhE](http://www.chinmayamission.com/balvihar-subscription-overseas/#.WE_LYvkrJhE)
- Chinmaya Udghosh - magazine for youth - appropriate for 13-30 year olds subscription link: [http://www.chinmayamission.com/our-magazines/chinmaya-udghosh/#.WE\\_MBPrJhE](http://www.chinmayamission.com/our-magazines/chinmaya-udghosh/#.WE_MBPrJhE)

Dhyana Karo  
Dhyana Rakho  
Dhyana Dharo



Welcome to Chinmaya Gardens.

### Course Content

- ★ Principles & Practice of Meditation
- ★ Meditation on the Form and the Formless
- ★ Tuning and Fine-tuning for Meditation
- ★ Individual and Group Meditation
- ★ Introspection and Contemplation
- ★ Yoga, Prayer and Worship

**Accommodation:** Comfortable sharing rooms

**Food:** Sattvik North Indian and South Indian vegetarian food will be served.

#### Course Donation:

- ₹. 4,500 / USD 70 per person
- ₹. 3,000 / USD 45 (dormitory) per person
- ₹. 7,000 / USD 100 per person for AC accommodation
- ₹. 5,500 / / USD 85 per persons above 65 years of age (With special permission)

#### For registration and further enquiries contact

Administrator

**Chinmaya Gardens**

Nallur Vayal Post, Siruvani Road,  
Coimbatore - 641 114.

Phone : +91-422-2615637/2613493.

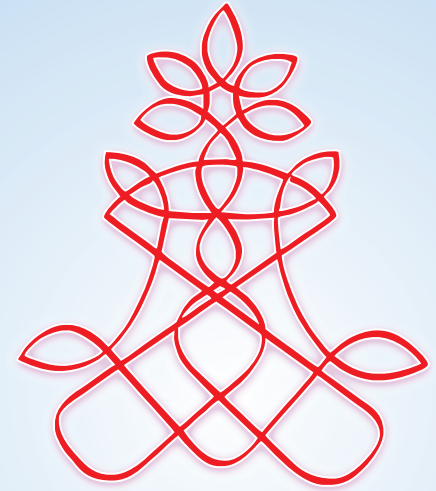
Email : chinmayagarden@gmail.com.

**Mobile : +91 - 9360461566**

Register online at [www.chinmayagardens.com](http://www.chinmayagardens.com)

# Meditation Demystified VIII

A Six-day Intensive Meditation Course  
In English



by

**Swamini Vimalananda**

and

**Brni. Darshika Chaitanya**

at

**Chinmaya Gardens,  
Coimbatore**

From

**9<sup>th</sup> to 14<sup>th</sup> Dec. 2017  
(Saturday to Thursday)**

rainbow (0422) 2548673

## The Founder and the Mission



**Pujya Gurudev Swami Chinmayanandaji** is one of the greatest saints and visionaries of our times. The Chinmaya Mission has over 300 centres worldwide and has been rendering yeomen service in the spiritual, cultural, educational and social fields thereby transforming the lives of millions. Under the guidance of Pujya Guruji Swami Tejomayanandaji, a strong band of Acharyas and devotees was formed and are carrying out the multifaceted activities and projects of the mission.

### "Meditate! Meditate!! Meditate!!!

This is the highest vocation in life and man alone is capable of it. Let us meditate and discover for ourselves its benefits and blessings."

- Pujya Gurudev Swami Chinmayananda

## The Temple of Learning

The venue for the Meditation Course is the **Chinmaya Gardens**, which is nestled at the foothills of the verdant Nilgiri ranges. The ashram is about 30kms away from the hustle and bustle of Coimbatore. The ashram is beautiful, serene and spiritually elevating.

## Course Acharya



Acharya: **Swamini Vimalananda** is the Acharya -in-charge of Chinmaya Mission, Coimbatore. She has travelled widely and has conducted many Yagnas and delivered talks in English, Hindi and Gujarati and has also conducted camps for children, youth and elders. She has authored many books and successfully conducted 14 Dharma Sevak Courses and 3 Vedanta Darshan Courses in Coimbatore and Meditation Courses all over the world. Her simple style of talking has captivated the intellectual and faithful alike.

## Upacharya

**Brni. Darshika Chaitanya**, a noble and humble Acharya, completed her Vedanta Course from Sandeepany Sadhanalaya, Mumbai, has served in Chinmaya Mission Thrissur and Calicut and is presently posted as Acharya at Trivandrum. She has assisted in Dharma Sevak Course, Vedanta Darshan Course and Meditation Courses and conducts Yagnas and camps.

## Course Students

Delegates must be between 18 and 65 years of age and of sound health. (Delegates above 65 yrs. will be accepted only with special permission) Prior knowledge of meditation techniques is not necessary.

"To be rooted and firmly established in one's true nature, is the purpose of meditation. The practice of meditation helps to purify the mind by eliminating past tendencies and habitual errors"

- Pujya Guruji Swami Tejomayananda

# Application Form

Fill up in BLOCK LETTERS

Name : \_\_\_\_\_

Age : \_\_\_\_\_

Male ☐ Female ☐

Profession : \_\_\_\_\_

Address : \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Phone : \_\_\_\_\_

E mail : \_\_\_\_\_

Cheque to be in favour of "Chinmaya Garden Trust" and sent to the given address

Cheque No. \_\_\_\_\_

dated \_\_\_\_\_ drawn on Bank \_\_\_\_\_  
\_\_\_\_\_

For direct credit to Chinmaya Garden Trust Account :

From within India

Credit to "Chinmaya Garden Trust"

Savings Ac. No. 001601005298, ICICI Bank,  
Trichy Road Branch (IFSC Code ICIC0000016), Coimbatore

From outside India

Swift Code : BARBINBCCI,

Beneficiary "Chinmaya Garden Trust"

Savings Ac. No.05470100008090

Bank of Baroda, Coimbatore Main Branch, Coimbatore TN, India.

Credit details : \_\_\_\_\_

Rupees \_\_\_\_\_

*I wish to join the Meditation Course at Chinmaya Gardens, Coimbatore, abiding by the rules and regulations of the course laid down by the Chinmaya Mission*

Date : \_\_\_\_\_

Signature \_\_\_\_\_

## Chinmaya Vishwavidyapeeth Announcement

*Mukhya Swamiji Swaroopananda*

Chinmaya Mission Acharyas and Centres Worldwide

Dear All,

Hari Om! Greetings from Hong Kong!

On the blessed and auspicious occasion of Guru Poornima on 9<sup>th</sup> July 2017, I am most delighted to inform that the formal courses at Chinmaya Vishwavidyapeeth (also known as Chinmaya University under Section 3 UGC Act 1956) will commence at the headquarters of the University located at Adi Sankara Nilayam, the birth home of Adi Sankaracharya in Ernakulam Kerala and its off-campus at Chinmaya Naada Bindu Gurukula for Performing Arts at Chinmaya Vibhooti, Kolwan, Pune.

Chinmaya Vishwavidyapeeth will carry forward the torch of wisdom from our ancient knowledge traditions to our future generations. The Chinmaya Vishwavidyapeeth team has worked very diligently to make this happen.

On this day, I request our Chinmaya family with reverence and devotion to pray for the success of Chinmaya University as part of the Paduka puja sankalpa (चिन्मय-विश्वविद्यापीठस्य सर्वतोमुख-अभिवृद्ध्यर्थम् - **cinmaya-viśvavidyāpīṭhasya sarvatomukha-abhivṛddhyartham**) as well as encourage and inspire our school children, devotees and members to do one japa mala (108 times) of '**Om Shri Chinmaya Sadgurave Namah**' to create awareness and send good wishes to Chinmaya University to fulfill Puja Gurudev's great grand vision.

Photographs of this occasion can be sent to [outreach@cvv.ac.in](mailto:outreach@cvv.ac.in)

For further information about Chinmaya Vishwavidyapeeth visit <http://chinmayauniversity.ac.in/>

I invoke the grace of the Lord and the entire Guru Parampara's blessings on everyone to increase our devotion, seva and sadhana so as to establish ourselves in the knowledge of the Truth and fulfill our lives.

With Prem & OM!

At His Feet,

Swaroopananda



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## Best Wishes to Shri Vijaykumar

*Shyam Harohalli, Bhagavad Geeta Study Group, Vienna, VA*

**Editor's Note:** *Shri Vijaykumar, one of the founding members of CMWRC and instrumental in setting up multiple study groups here, is leaving for Mumbai this August to take the two year Vedanta course at Sandeepany Sadhanalaya. He was given a fond farewell with best wishes from the CMWRC family.*

Hari Om

We couldn't have chosen a better day to honor VijayKumar Ji!

Guru Poornima symbolizes:

Guru Parampara Sampradayam: Pure and unadulterated knowledge flows from one generation to next, without any misinterpretation.

SwamiJi Dheerananda has a pun on the acronym GPS; Similar to the well known acronym Global Positioning System, Guru Parampara Sampradaya helps us realize our bearings with reference to rest of the Universe.

Guru Parampara ensures: Intellectual integrity, Clarity of Thought and Precise understanding. Without a Guru all these are not possible. And without Chitta Shuddhi or Purity of understanding, dilemma can't be removed. And peace and tranquility is not possible until this dilemma is gone.

This is the reason, Purandara Dasa says: "One may memorize hundreds of scriptural texts; but Salvation is not possible until one obediently follows the Guru".

Guru Parampara System removes the arrogance of 'doership': every Guru, – including Veda Vyasa and Adi Shankara – does not take credit to inventing some new religion or inventing a new school of thought. They either say "this is what my Guru told me" or they will say "this is what is told in Vedas"

True to the GPS spirit, VijayJi, too is passionate about Gurudev Chinmayananda's vision of "maximum happiness to maximum number of people". He has started innumerable Study Groups in the Washington area, in order to make learning centers easily accessible to the seeker. VijayJi believes in Gurudev's vision of *societal transformation through individual transformation*. A society thrives with stability, peace and prosperity, when its subjects are at peace with

themselves; when individuals are not greedy but work towards a common good, in "Yajna Spirit", society becomes Rama Rajya.

About VijayJi: many of you have shared your experiences: I remember a couple of them:

First: when he arrived in Washington DC area in late 1980s, as soon he unpacked and setup his home, VijayJi went in search of Bhagavad Geetha book and borrowed a copy from SadaJi. Result: Virginia chapter of Chinmaya Mission Washington Regional Center and about 40 satellite study groups, from Ocean City to Frederick, MD to Richmond, VA and beyond to North Carolina.

Second one: his home was a temporary hostel for newcomers such as Graduate students, young professionals settling down in their new jobs. They instantly became a part of VijayJi's family, until and beyond finding their own place to live.

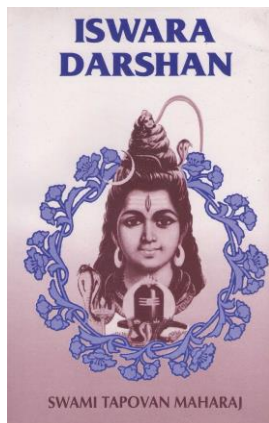
As a Vedanta teacher: VijayJi has a unique gift of lucidly explaining complex concepts. The examples he gives from our day-to-day lives, help us internalize abstract Vedanta concepts. When VijayJi starts speaking, complex topics such as Karma Sanyasa vs Karma Phala Thyaga appear easy, as if they are a natural consequence of our thought process. (of course we will back to our confusion the following Monday when we return to routine lives). We are eagerly looking forward to listening to Acharya Vijayaji in two years or less!

Pranams.

## Messages from an autobiography of a Mahatma (Iswara Darshan)

Sitaram Kowtha

**Editor's Note:** In this series, selected excerpts from the book "Iswara Darshan" by Pujya Swami Tapovan Maharaj of Uttar Kashi, are provided by Sitaram Kowthaji to inspire the students of Vedanta to delve deeply into the glories of a mahatma who inspired our sadguru, Swami Chinmayananda.



### I. Introduction – "An Embodiment of Ideal Sannyasa" written by Swami Sivananda

There is a significant saying that while sacred shrines and tirthas purify and sanctify all mankind, the sacred places and tirthas are themselves more sanctified and divinized by the holy men and saints who grace them with their passing footprints or prolonged presence.

Sri Swami Tapovanji Maharaj of Uttarkashi is a lofty example of this type of most blessed souls.

He commenced his life with complete indifference towards worldly wealth and position, for he was born with the Sannyasa ideal foremost in his heart. Swami Tapovanam embodied Sannyasa, as observed by Sri Adi Sankara in 'Dhanya-Ashtakam', "leaving off all love for one's house which is the basic cause of all our miserable downfall, induced by the thirst of Self-knowledge, drinking the elixir of the Truth of the Upanishadic declarations, devoid of all desires at the heart, with extreme dispassion for the host of the objects of enjoyment, fortunate souls wander in solitude giving up all company and attachment!"

Swami Tapovanam set before himself the ideal portrayed in the Geeta by the Lord. He embodied within himself all

the virtues enumerated in the seventeenth Chapter as constituting the three forms of tapas – bodily, verbal and mental. An erudite scholar that he was, he restrained his Vach-Indriya and sublimated the yearning to pour himself out and shed the light of learning that filled his heart on one and all who came in contact with him. Unostentatiously, he would remain in his kutir contemplating again on the Truth which he had already long meditated upon and realized. Silently and within himself, he would put every one of the Hindu philosophical theories that he had learned so far to the test of actual realization. In the evening, he would pour out doses of the rarest spiritual nectar to a select band of aspirants who would listen to him spellbound; for every word that flowed from his lips then had not only the supreme authority of the Vedas, but had passed through the test of his own realization. These sublime thoughts would, as they proceeded direct from his heart, take deep root in the listeners in whom they would invariably produce a complete reorientation.

His life and personality demonstrate the great secret of the relationship between Vedanta and Sannyasa. Vedanta and Sannyasa go hand in hand. One does not become complete without the other. Wherever this Sannyasa, there is practical Vedanta, wherever there is practical Vedanta there must be Sannyasa of the highest type. When in one Sannyasa and Vedanta melt into one, there crops up a sage of Supreme Wisdom. Verily Sri Swami Tapovanamji has achieved such a state to a unique degree. His towering personality is an eye-opener and an exemplary guide and light to all seekers and Sannyasins.

Sri Tapovanamji is giving to the world in his autobiography 'Iswara Darshan', his unique and valuable experiences for, with all his love of solitude, his love for humanity is equally great. The fruits of his prolonged life of Sadhana in seclusion and his rich inner life of realization, are bestowed upon all for their benefit and upliftment. It contains the most valuable records of his experiences and is a treasure that is to be imbibed fully by one and all.

To Be Continued

## Iswara Darshanam - IV

### Discussion of the 11<sup>th</sup> Chapter of Geeta - Acharya Sadanandaji

In the chapters 7 and 9, the tat padartha is exhaustively discussed. In essence Iswara is defined as that from which the whole world arises, sustains, and goes back into. That is, He is sRiShTi, sthithi and laya kAraNam. That in fact provides the definition of Iswara. All religions stop at Iswara or God as intelligent cause for the universe, while Vedanta defines him, as Shankara puts it – abhinna nimitta upAdAna kAraNam – He is both the intelligent and material cause, and yet he is kaarya-kAraNa vilakshaNam Brahman, he is beyond any cause-effect relationships. Thus, he is the cause for creation, and yet He as Brahman is beyond the cause-effect relationships. This is being pointed in the slokas that says – mastAni sarva bhUtAni – all beings are in Me and at the same time – na cha mastAni bhUtAni – no beings are in Me. Iswara is defined as parA prakRiti while the apara prakRiti constitute all the pachabhutas. This is pointed in Ch. 7 in slokas bhUmirApO2nalovAyuH.... and aparEyamitastvanyAm... slokas 4 and 5.

Arjuna says in the first sloka of Ch.11 – madanugrahAya to bless me, adhyaatma sanjnitam – about the absolute truth that indicates (lakshyArttha)- the identity of the jiiva and Iswara, the individual and the Lord, which is paramam guhyam – which is the most sacred and secret. It is sacred in the sense that is the ultimate knowledge knowing which there is nothing more to know, and it is secret since no one believes if it this truth is told since for many their minds are not prepared enough to recognize this absolute fact – manushyAnAm sahasreShu.... Of the thousands of people, very few are ready to listen, says Krishna. Arjuna, here, acknowledges and says you have provided that supreme secret teaching because of which all my delusion has been eliminated. Illusion is appearance of one into many. Delusion is taking this apparent plurality as reality. Hence removal of delusion involves recognizing that the plurality that is perceived is not real but the reality is that which supports that plurality. The teaching that provides this understanding is paramam, guhyam, adhyaatma sanjnitam – the most sacred and secret teaching that involves the absolute truth, since it eliminated my delusion, says Arjuna.

Thus Arjuna acknowledges that he has received the essential teaching of the Lord who taught this supreme knowledge out of compassion to bless him, madanugrahAya. We discussed that Arujana summarized

in his first sloka of Ch. 11 the Krishna's teaching of the first six chapters that deals with tvam padartham. In the 2<sup>nd</sup> sloka he summarizes the tat padartham discussed in the chapters from 7 to 10.

In the second sloka, he calls the Lord as kamalapatrAksh, the lotus-leaf-eyed one. Lotus plays a prominent role in Vedanta teaching. Lotus is a plant that grows in a mud, yet beautifies its surroundings. Lotus leaves spread out on the dirty waters, yet unaffected by the water. Lakshmi is seen standing on the lotus flower. Here, Arjuna addresses Krishna as lotus-leaf eyed one – indicative of the eye that has clear vision of the truth in spite of the muddy surroundings, and unaffected by the surroundings. In this sloka, Arjuna says he understood the teaching that explains that the Lord is the cause for whole universe of things and beings. Arjuna says - bhUtAnAm – that includes panca bhUtas and also indicates all the beings in all the lokas or worlds, thus covers the entire sentient and insentient things and beings, hi – indeed, bhavApyaya – bhava means creation or utpatti and apyaya means desolation – thus the whole creation and desolation of the world of beings and things, tattvataH – from you. By implication, we have to include sustenance also. Thus Arjuna says I have understood that you are the source from which all beings are born and are the locus for desolation. Here Lord is both nimitta kAraNam and upAdAna kAraNam – both the intelligent and the material cause. Krishna indicated earlier that he is the source for everything – **gatir bharta prabhu sAkshI** .. Thus, indicating the Upanishadic statement – **yatovA imAni bhUtAni jAyante.**, where, Brahman is being defined as that from which the whole universe arises, sustains and goes back into. That is the essential truth.

Arjuna says in the sloka that he also understood that this creation-sustenance-and dissolution cycle does not affect the Lord since it is creation-less creation or transformation-less transformation. Hence Arjuna describes based on his understanding that Lord is avyayam and mAhAtmyam – essentially summarizing the 10<sup>th</sup> chapter of Geeta as everything is His vibhUti and He indestructible and yet providing the basis for the glorious creation that continuously changes. Arjuna says, you have provided me an exhaustible description of the whole teachings – vistarashaH. I have listened to the teaching carefully. The whole lower prakRiti arises from you,

sustained by you and go back into you while your absolute nature is beyond the time and space, yet providing the support for the whole creation. Arjuna says to Krishna, I understand clearly that **-te-** both, the origination and destruction of the universe, are from you, **tvattaH**. Hence Arjuna understood that sRishTi-sthithi- laya kaaraH, Brahman is none other than Krishna, himself. This is how Brahma sUtras define Brahman in the second sutra – **janmAdyasya yataH** .

To be continued

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